BUFFALO WALLOW 6K

HARRA CROSS COUNTRY CHAMPIONSHIP RACE
The 1st race of the HARRA 2013 Spring Series

Saturday, February 9, 2013 Houston, Texas

Sponsored by the ***Houston Harriers***

Course
Run the 2013 BUFFALO WALLOW 6K at SPOTTS PARK. Located at Memorial and Waugh Drive.

Races and Start Time
- **8:00 a.m.** — Masters Men & Women (40 years old and older)
- **9:00 a.m.** — Open Men & Women

Entry Fee
- $16 prior to race-day or $5 for those 19 years of age and under
- $1 discount for HARRA members registering prior to race day
- **$20 for all race day registrations**
- No refunds

Registration – using the attached form – and Packet Pick-up
- Mail-in registration by January 28, 2013 to:
  Houston Harriers – Buffalo Wallow
  P.O. Box 3323, Houston TX 77253-3323
- Number pick-up and/or in person registration:
  - At Fleet Feet Sports February 7 and February 8, Noon - 6 p.m. ONLY 2408 Rice Blvd., Houston, TX 77005, 713-520-6353
  - Race day registration and **chip pick up** at R Spotts Park no later than **45 minutes before your race**.

Directions and Parking
The race begins at SPOTTS PARK near Memorial and Waugh Drive. P is available on Willia St. and Waugh Drive.

Prohibited on the Course
Headphones, animals, bicycles, baby joggers and roller skates.

Team Competition
We will have team competition this year. Teams must be declared (30 minutes before the start of your race),at the sign in table on race day in order for you to be considered for awards.

Awards
Awards will be given out after the 2nd race at 10:00 a.m. for winners in Open Men, Open Women, Masters Men and Masters Women. Age-group awards will be given 3 deep for each male and female in the following age groups: Under 20, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 and over. There will be no duplication of awards. **You must run in the age-appropriate race to be eligible for any award**.

Results
Results will be posted on site as they become available, and on-line at www.houstonharriers.com and www.runnertriathletenews.com.

For more information check www.houstonharriers.com or contact Race Director Cindy Sosa at csosa@houstonharriers.com.

REGISTRATION FORM

Name:_____

Event/Class: ☐ Open Men ☐ Open Women ☐ Masters Men ☐ Masters Women

Age on race day: _____ DOB: _____ / _____ / _____ (month / day / year)

HARRA Number: _____ _____[Membership must be current]

Running Club Affiliation: _____

Address: _____

City: _____ State: _____ Zip:_____

Daytime telephone number: _____

Email address: _____

Emergency contact telephone: _____

Amount enclosed: _____ Check #: _____

Please make checks payable to Houston Harriers

In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and courses of action I have or may have against The Event, its Primary Sponsor and its affiliates, their agents, employees, officers, directors, successors and assigns, the Houston Harriers, the City of Houston, the Park District, USA Track and Field, HARRA, American General and any and all sponsors, their representatives and successors, that may arise as a result of my participation in The Event and any pre and post- event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising.

Signature:_____ Date:_____

_____ Date:_____

Parent or Guardian must sign if entrant is under 18 years of age